diana chaloux
FAME SOUTH CENTRAL CHAMPIONSHIPS
and health & fitness expo

Fit Mom || Fit Dad
C O N T E S T: Application form

Please answer each of the following questions in 200 words or less. If possible, please also provide before and after pictures.

1) As a parent with a hectic schedule, what motivates you to make your health and fitness a top priority?

2) Was there a certain event that served as a catalyst for your fitness choices?

3) What is your ultimate motivation for choosing health and fitness as a top priority?

PERSONAL INFORMATION

Name: _____ E-mail: _____

Current Weight: _____ Height: _____

Heaviest Weight: _____ Date Heaviest Weight: _____

Check One of the Following:

☐ **Fit Mom** ☐ **Fit Dad**

Please email completed forms to: LindaMosse@sbcglobal.net
Questions? Feel free to call (210) 497-1827.